

Unit Title	Introduction	Theories	Styles, Skills, Roles	Prenatal / Birth	Infant / Toddler	Play Years	School Years	Adolescence	Family / Social Impact
WEEKS	1		2 2	2	2	3	2	2	1
Department Specific Skills									
Technology					Х				Х
Critical Thinking		Х	Х						
Design		Х							Х
Leadership	Х		Х						
Personal Skills									Х
Career Exploration									Х
Student									
Core Benchmark Indicators									
Associate attributes and skills needed to assume the parenting role with healthy adult characteristics									
Assess adult readiness for assuming parenting roles according to:									
Self and Family goal setting			Х						
Marital relationships			Х	Х					
Ability to manage finances			Х	Χ					
Career development			Х	Χ					
Age and maturity			Х	Х					
Health			Х	Х					
Lifelong commitment			Х	Х					
Analyze parenting strategies that result in healthy, productive children, namely:									
Examine children's physical, intellectual, emotional, moral, and social needs		Х	Х	Х	Х				



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Ability to manage schedules			Х	Х	Х				
Ability to manage personal and financial resources			Х						
Problem Solving skills		Х	Х	XX	Χ	Χ	Х	Х	
Differentiate how diverse parenting styles (e.g. authoritarian, democratic, permissive) impact child growth and development		х	х	Х	Х	Х	Х	Х	х
Examine interpersonal communication skills among children and adults including:									
Roadblocks of communication			Х	X	X	X	Х	Х	Х
Active listening		X				X	X	X	
Conflict resolution		Х			X	X	X	Х	
Recognition of feelings		Х		X	X	X	X	X	
Expression of feelings		Х		X	X	X	X	X	
Non-verbal messages and cues		Х		Χ	Χ	Χ	Х	Х	
Providing feedback		Х		Χ	Χ	Χ	Х	Х	
Evaluate how resources, skills, roles, and responsibilities change for self as children are added.				Х	Х				Х
Evaluate how resources, skills, roles, and responsibilities change for communities and the workplace as children are added.			X						x
Evaluate skills for building healthy families									
where children thrive.									
Describe functions and characteristics of strong families	Χ		Х						
Examine how individual and family issues impact nurturing of infants, children, and adolescents		х	Х						
Illustrate roles and responsibilities of nurturing families related to family life cycle stages and family composition		Х		Х	Х	Х	Х	Х	Х



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Illustrate environmental qualities that support healthy growth of adults and children		Х		Х	Х	Х	Х	Х	Х
Explain how nurturing environments can differ among cultures and family structures	Х		Х						Х
Describe how healthy families demonstrate love, sexuality, friendships and support system			Х						Х
Initiate critical thinking skills to resolve family and workplace controversies			Х						Х
Identify how parents and families prepare for prenatal, birth and infant care									
Evaluate healthy characteristics of pre-pregnancy mothers and fathers to facilitate a healthy birth				Х					
Differentiate three trimesters of prenatal developmental related to what parents must be prepared to handle				Х					
Interpret handling of postnatal issues from various points of view			Х	Х					х
Relate theory and research of child growth and development									
Identify typical developmental milestones (e.g. physical, intellectual, social, moral, ethical, emotional)		х		X	Х	х	Х	X	
Evaluate how parents, guardians, and caregivers can support child growth and development by		Х		Х	Х	Х	Х	Х	
Identifying parental and environmental contributions to brain development		Х		Х	Х				
Describing vulnerability and resilience factors that protect or put children at risk.		Х		X	Х	Х	Х	Х	



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Differentiate nutrition, wellness, and safety needs of pregnant women, infants, and children				Х	Х	Х	Х	Х	
Recognize patterns of language development in young children		х		Х	Х	Х	Х	Х	
Characterize atypical child development patterns pre and post natal (e.g. autism, hearing /vision, cerebral palsy, bipolar, learning disabilities)				X	х	X	X	X	
Interpret different child development theorists (e.g. Piaget, Kohlberg, Erickson, Maslow)		Х							
Explain how children learn behaviors (e.g. imitation, identification, direct teaching)		х							
Contrast effectiveness of guidance and discipline techniques used by parents, guardians, and caregivers		Х		Х	Х	Х	Х	Х	
Compare childcare venues related to child									
nurturing and care									
Describe decision making processes for selecting childcare services, curriculum, and providers			х						Х
Identify reliable resources available for meeting childcare needs			х						х
Evaluate quality indicators for childcare options			Х						Х
Recognize the strengths of various preschool curriculum approaches (e.g. Montessori, Emilio Reggio, Multi age grouping)		Х		X	X	X	X	X	х